

# SANTOSH

Deemed to be University



**3.6.1 Extension and outreach activities such as community Health Education, Community health camps, Tele-conferences, Tele-Medicine consultancy etc., are conducted in collaboration with industry, community, Government and non- Government Organizations engaging NSS/NCC/Red cross/YRC, institutional clubs etc., during the last five years**



Theme	: Awareness Session on Health and Nutrition
In collaboration with	: Gharonda orphanage, Ghaziabad
Date	: 15 - October - 2022
No. of Students participated	: 32
No. of Faculty Participated	: 02
Organised by	: Department of Community Medicine
Patients screened	: 30

## REPORT

- A free health camp was organised on 10. October .2022, in Specialised Adoption Agency, Gharonda orphanage, Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of 30 children were examined by Head of Department of Paediatrics Dr. K. C. Aggarwal, Santosh Medical College.
- The clinical findings were noted on OPD cards which had the stamp of 'health camp'.
- All the children were screened for BMI, head circumference and mid arm circumference
- All children were examined and given prescriptions for various health conditions like rhinitis, URTI, gastroenteritis, ASOM, scabies, fungal infections, anaemia etc.
- Patients requiring advanced treatment were advised to visit higher centre (Santosh Hospital) for respective speciality.
- Children were given free medications which included paracetamol, cough syrup, levocetirizine syrup, anti fungal powder, permethrin cream etc. The orphanage care taker was instructed about the medication usage and doses.
- Staffs were also involved.
- Children were educated about good hygiene practices and motivated for regular health check-ups.
- The photographs are attached herewith.

Photographs of the Camp:



Signature of HOD



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Program on Free Health Checkups
In Collaboration with	: Anandmayee Forgings Pvt Ltd
Date of Camp	: 12-10-2022
Venue/site of camp	:Anandmayee Forgings Pvt Ltd, Ghaziabad
Departments participated	: OPHTHAL, MEDICINE, ENT
No. of Students participated	: 28
No. of Faculty Participated	: 01
No. of patients attended	: 77
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	
YES	
Adjunctive treatment: Distributing multivitamins etc.	
YES	
Expenses Incurred: INR 3500/-	

## Photographs of the Camp:-



APURAV BHARDWAJ

Assistant Manager - Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



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(Established u/s 3 of the UGC Act, 1956)

Theme	: Blood Donation Camp
In collaboration with	: IMA Ghaziabad
No. of students participated	: 27
No. of Teachers participated	: 05
Organized By	: Department of Transfusion Medicine and Pathology
Venue	: Blood Centre Santosh Hospital
Date/Month/Year	: 1 October 2022 at 9 AM to 1 PM

#### **Program Details:**

**Preface:** In India, every two seconds, a person requires blood. India needs four crore units of blood every year, but only mere 40 lakh units are available.

**Collaboration:** Blood Centre, Santosh Medical and Dental College Hospitals in association with Indian Medical Association, Ghaziabad on the occasion of National Voluntary Blood Donation day organized a voluntary blood donation camp at Blood Centre Santosh Hospital.

**Execution:** The programme was opened by welcoming the IMA office bearers including President IMA Dr Sandeep Varshney and other dignitaries by Dr. Amit Verma HOD transfusion medicine department & Dr Swati Singh associate professor pathology.

The faculty of Transfusion Medicine and Pathology took outstanding care of the donors pre and post-donation and provided healthy post-donation refreshments. We are genuinely grateful to work with such enthusiastic people. All the donors were happy post-donation and were keen on donating blood again and motivate others too.

The blood bank team of Doctors including Dr Amit Verma and Dr Swati Singh also addressed the common myths that prevent people from coming forward and donate

blood regularly and laid out facts regarding blood donation.

The Programme was supported by Dr Alka Aggarwal Dean, Dr Shalabh Gupta Dean Academic, Dr Manish Sabharwal facility Director & Dr Sushil Gaur Medical Superintendent who gave the revaluable support to the department and also encouraged the students to participate in the programme. We whole heartedly thank them.

Special thanks to Dr Mayurika Tyagi & the blood bank team of Mr. N Mannikam. Mr. Shashi Bhushan Shukla & Mr Guarav Chauhan.

Regards,

Dr. Amit Vermahod

Department of Transfusion Medicine, Santosh Medical College & Hospital

### Photographs of the camp



APURAV BHARDWAJ

Assistant Manager - Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



Theme	: Active session on Health Education and Nutrition
In collaboration with	: Specialised Adoption Agency, Gharonda orphanage
Date	: 9 -September-2022
Interns participated	: 08
Organised by	: Department of Community Medicine
Patients screened	: 25
No. of Students participated	: 26
No. of Teachers participated	: 01

#### REPORT

- A free health camp was organised on 9. September.2022, in **Specialised Adoption Agency**, Gharonda orphanage, Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of 25 children were examined.
- The clinical finding was noted on OPD cards which had the stamp of 'health camp'.
- All the children were screened for BMI, head circumference and mid arm circumference
- All children were examined and given prescriptions for various health conditions like rhinitis, URTI, gastroenteritis, ASOM, scabies, fungal infections, anaemia etc.
- Patients requiring advanced treatment were advised to visit higher centre (Santosh Hospital) for respective speciality.
- Children were given free medications which included paracetamol, cough syrup, levocetirizine syrup, anti-fungal powder, permethrin cream etc. The orphanage care taker was instructed about the medication usage and doses.
- Staffs were also involved.
- Patients were educated and motivated for regular health check-ups and healthy eating habits.
- The photographs are attached herewith.



## Photographs of the camp



Signature of HOD



Date: 09.09.2022

Theme	: Awareness session on Rashtriya Poshan Mah
No. of students participated	: 16
No. of Teachers participated	: 01
In Collaboration with	: Gharonda specialized adoption agency

#### Preface:

Santosh deemed to be University, Ghaziabad organized an awareness session on Poshan Mah/Nutrition month on 9. Sept.2022. this year key focus was on 'Mahilaaur Swasthya (Women and Health) and "Bacha aurShiksha (Child and Education).

Objective of the session was to teach the importance of healthy and balanced diet and deleterious effects of unhealthy junk food to orphanage children.

#### Collaboration:

- The event was organized in collaboration with Gharonda specialized adoption agency, Ghaziabad, U.P.It was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad.

#### Execution:

- Event was executed at Gharonda specialized adoption agency, Shastri Nagar, Ghaziabad.
- The post graduate students and interns in the department highlighted the importance of this event and problem of malnutrition in India.
- The interns posted in the department performed a roleplay, which showed comparison between general health, academic and sports performance of 2 students, in which one ate healthy food and another did not pay attention to dietary habits.
- Children were explained aboutthe role of balanced diet in growth and development, and encouragedto regularly consume pulses, milk, fruits and vegetablesas a part of their diet.
- We also created awareness about health hazards of unhealthy outside food and asked the children to minimized its consumption.
- All the children took interest in the activity and were influenced the right way.
- More than 30 children were present in the venue and many staff members also attended the event.
- At the end, we distributed apples and bananas to all the children present there.

- Feedback was collected at the end of the event.
- Faculty: Dr. KshitijChoudhary
- PGs: Dr. Amit Jaiswal, Dr. Abhishek Nath, Dr. Priyanka Verma
- Interns: Abhishek Bhardwaj, Aparna Singh, Anmol Arun, AmanPratap Singh, AkshatPayal
- Health Workers: Mr. Rajesh, Mr. Naresh

## Photographs of the Camp



*keel*

Signature of HOD



**SANTOSH**  
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Theme	: Awareness on Health and Nutrition
Venue	: Gharonda orphanage, Ghaziabad
Date	: 1st July 2022
Organized by	: Department of Community Medicine
Patients Screened	: 30
No. of students participated	: 25
No. of Teachers participated	: 03

## REPORT

- A free health camp was organised on 1st July 2022, in Gharonda which is an orphanage in district Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of 30 children who were between the ages of 3 months to 10 years were examined.
- The clinical findings were noted on OPD cards which were handed over to the care takers of the children along with advise on treatment or referral.
- All the children were screened for BMI, head circumference and mid arm circumference.
- All children were examined and given prescriptions for various health conditions like rhinitis, gastroenteritis, ADHD, ASOM, scabies, fungal infections, anemia etc.
- Patients requiring advanced treatment were advised to visit higher centre (Santosh Hospital) for respective speciality.
- Dental examination of the children was also done by dental post graduate students.
- All children were given Albendazole tablets and syrup for deworming.
- Staff was also involved.
- Patients were educated and motivated for regular health checkups., healthy eating habits and oral hygiene by the team of interns and post graduate medical and dental students.
- Children were also provided with juices and snacks at the end.

Photographs of the Camp:



Signature of HOD



**SANTOSH**  
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(Established u/s 3 of the UGC Act, 1956)

**Theme** : Doctor's Day  
**Venue** : Santosh Hospital, Gharonda orphanage, and Santosh Medical College, Ghaziabad  
**Date** : 1<sup>st</sup> July 2022  
**No. of Students participated** : 25  
**No. of Teachers participated** : 3  
**In collaboration with** : Gharonda orphanage

## REPORT

- Doctor's Day was celebrated in Santosh Medical College with a lot of enthusiasm and fervor. On this day, various activities were planned in the medical college and hospital as well as the field practice areas of the Dept. of Community Medicine. The event was circulated on the different social networks.
- The day ended with felicitation of the doctors for their valuable contribution during the COVID19 pandemic.

The photographs are attached herewith.

ACTIVITY	PARTICIPANTS	VENUE & TIME
"A Day in a Doctor's Life" Walk/rastrik	Interns	Santosh Medical College Hospital, 10 am - 11 am
Health camp for underprivileged children	Interns, PG & Faculty of Community Medicine	Gharonda Orphanage, 10 am - 1 pm
Felicitation of Doctors	Faculty and Doctors	Maharaja Hall, Santosh Deemed to be University, 1 pm - 2 pm

For more information, Please contact ☎ +91 78279 81588





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Signature of HOD



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Awareness Session on Health and Nutrition
In collaboration with	: VILL. NITHORA LONI GHAZIABAD
Date of Camp	: 14-06-2022
Venue/site of camp	: VILLAGE NITHORA LONI GHAZIBAD
Departments participated	: OPHTHAL, GYN, ENT
No. of Students participated	: 18
No. of Faculty participated	: 03
No. of patients attended	: 87
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	YES
Adjunctive treatment: Distributing multivitamins etc.	YES
Expenses Incurred:	INR 3200/-



Photographs of the Camp:



A handwritten signature in blue ink that reads 'Gaurav Sharma'.

**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Awareness Session on Health and Nutrition
In Collaboration with	: ROZA JALALPUR, GAUTAMBUDDHA NAGAR
Date of Camp	: 10-06-2022
Venue/site of camp	: ROZA JALALPUR, GAUTAMBUDDHA NAGAR
Departments participated	: OPHTHAL, GYN, ENT
No. of students participated	: 30
No. of Teachers participated	: 03
No. of patients attended	: 103
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	
YES	
Adjunctive treatment: Distributing multivitamins etc.	
YES	
Expenses Incurred: INR 3000/-	

Photographs of Camp:-



A handwritten signature in blue ink, which appears to read "Gaurav Sharma".

**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme : Awareness on "Health program and Education"

Date of Camp : 09-06-2022

Venue/site of camp : VILLAGE NITHORA LONI GHAZIBAD

Departments participated : Opthal, Gyn, ENT

No. of students participated : 28

No. of Teachers participated : 03

No. of patients attended : 70

In collaboration with : Village Nithora Loni Ghazibad

Services provided : Consultation services

Sample collection services : N/A

Treatment services : Treatment given to patient as per need

Health education services done by distributing pamphlets and through intern activity  
YES

Adjunctive treatment: Distributing multivitamins etc.  
YES

Expenses Incurred: INR 3000/-

**Photographs of the Camp:**



**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



Theme	: Awareness Session on Health and Nutrition
In collaboration with	: Girdharpur district, Ghaziabad
Organized by	: Department of Community Medicine
No. of Students Participated	: 50
No. of Faculty Participated	: 01
Venue	: Girdharpur district, Ghaziabad
Date	: 30 May 2022
Patients Screened	: 30

## REPORT

- A free health camp was organised on 30.May.2022, in Girdharpur district, Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of **30 patients** were examined.
- The clinical finding was noted on OPD cards which had the stamp of 'health camp'.
- The OPD cards were handed to the patients.
- All the patients were screened for BP and BMI.
- All patients were examined and given free medications for various health conditions like anemia, gastroenteritis, hypertension, osteoarthritis, rhinitis, dyspepsia etc.
- Patients requiring advanced treatment were referred to Santosh Hospital for low cost treatment.
- Staff was also involved.
- Patients were educated and motivated for regular health check-ups.
- The photographs are attached herewith.

Photographs of the Camp:



*bee*

Signature of HOD



Date: 30.05.2022

**Theme** : Awareness session on No Tobacco Day- "Protect the environment"

**In collaboration with** : Poorva Vidyala, Girdharpur Sunaarsi

**Organized by** : Department of Community Medicine

**No. of Students Participated** : 40

**No. of Faculty Participated** : 01

**Preface:**

Santosh deemed to be University, Ghaziabad organized an awareness session on No Tobacco Day (31<sup>st</sup> May) on 30.May.2022. Theme was "Protect the environment".

Objective of the session was to create awareness about the health effects of various types of Tobacco products, treatment of dependence, and how to prevent oneself from taking tobacco.

**Collaboration:**

- The event was organized in collaboration with Poorva Vidyala, Girdharpur Sunaarsi on 30.May.2022
- It was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad.

**Execution:**

- Event was executed at Poorva Vidyala, Girdharpur Sunaarsi.
- The post graduate students in the department highlighted the importance of this day and the theme of this year.
- Post Graduate student highlighted the general health effects from various forms of tobacco like COPD, infertility, various types of cancer, HTN, coronary artery disease, teratogenicity, psychological dependence etc.
- The interns posted in community medicine department performed separate talk on Oral cancer and Lung cancer in detail with preventive measures.
- At the end post graduate student talked about measures to quit smoking, treatment from dependence and preventive measures for a non-smoker.
- Everyone present at the event listened to the health talk with concentration and interest.
- More than 30 people were present at the end many staff members also attended the event.
- Feedback was collected at the end of the event.



Photographs of the Camp:



A handwritten signature in blue ink, appearing to read "beel", is written on a white background.

Signature of HOD



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Awareness Program on "Health and Nutrition"
Date of Camp	: 29 <sup>th</sup> APRIL 2022
Venue/site of camp	: CHW Forge Unit 1, Ghaziabad
Collaborating Agency	: CHW Forge Unit 1, Ghaziabad
Departments participated	: Department of Community Medicine
No. of students participated	: 49
No. of Teachers participated	: 02
No. of patients attended	: 120
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	
YES	
Adjunctive treatment	: Distributing multivitamins etc. YES
Expenses Incurred	: INR 3000/-

Photographs of the Camp:



**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



Date: 27.04.2022

Theme : Awareness session on " World Malaria Day"  
In collaboration with : Gram Panchayat Samiti at Santhali district  
Organized by : Department of Community Medicine  
No. of Students Participated : 52  
No. of Faculty Participated : 02

**PREFACE:**

Santosh Deemed to Be University, Ghaziabad organised an awareness session on World Malaria Day on 25. April. 2022. Theme was 'Harness innovation to reduce the malaria disease burden and save lives'.

Objective of the session was to create awareness about the disease and its preventive measures.

**COLLABORATION:**

- The event was organised in collaboration with Gram Panchayat Samiti at Santhali district, Ghaziabad.
- It was organised by the Department of Community Medicine, Santosh Medical College, Ghaziabad. Gram Pradhan Mr. Anuj Tyagi and Panchayat member Mr. Rahul Tyagi helped the department in the execution of the programme.

**EXECUTION:**

- Event was Executed at Panchayat Bhavan, Santhali.
- Post Graduate students and interns highlighted the malaria symptoms, causative agent and preventive measures in an interactive way to Primary School Children and staff members.
- Children were told about the methods to prevent mosquito breeding, like usage of repellents, avoiding water retention at homes etc.
- The students participated in the discussion in an enthusiastic way.
- At the end Mosquito repellents like sprays, coils, ointments, camphor sticks, patches were distributed to the children and staff members.
- More than 100 beneficiaries were present in the awareness session.
- Feedback was collected at the end of the event.

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## Photographs of the camp



Signature of HOD



# SANTOSH

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Theme	: Awareness session on World Health Day
Date	: 8 <sup>th</sup> April 2022
In collaboration with Vihar, Ghaziabad	: Composite Vidyalaya, Charan Singh Colony, Pratap
No. of Students Participated	: 50
No. of Faculty Participated	: 01

## Preface:

Santosh Deemed to be university organised an interactive awareness session on World Health Day (7<sup>th</sup> April 2022) on 8<sup>th</sup> April 2022, with this year's theme 'Our planet our health'.

## Collaboration:

- The event was organised by the department of Community Medicine, Santosh Medical College, Ghaziabad in collaboration with Composite Vidyalaya, Charan Singh Colony, Pratap Vihar Ghaziabad.

## Execution:

- The participation was received in physical form on the location. (Composite Vidyalaya, Charan Singh colony, Ghaziabad)
- Post Graduates in Community Medicine department delivered speech about world health day and its importance in an interactive way to children.
- Interns performed a role play on the theme 'our planet ,our health', explaining them about health hazards of air, water, land pollution in an interactive way.
- PGs and interns asked school students about their daily habits regarding environment protection. The students answered in an enthusiastic way.
- It ended by monologues about ways to reduce pollution and changes to be made in day to day lives.
- Feedback of the event was collected at the end of the event.
- Total beneficiaries-More than 90
- Faculty-1-Dr. Anupama Singh
- PGs-3-Dr. Abhishek Nath, Dr. Amit Jaiswal,Dr. Priyanka Verma
- Interns-6-Dr.Kriti, Dr. Kush, Dr. Deepak, Dr.Vishwadeepak, Dr.Sadhna, Dr. Kamini
- Health Workers- Mr. Rajesh, Mr. Naresh and Jaspreet Kaur

Photographs of the camp:



Signature of HOD



# **SANTOSH**

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**Theme** : Awareness session on World Health Day  
**Date** : 7<sup>th</sup> April 2022  
**No. of Teachers Participated** : 28  
**No. of Faculty Participated** : 1  
**In Collaboration with** : CHC, Dasna

## **Preface:**

Santosh deemed to be University, Ghaziabad organized an awareness session on World Health Day on 7<sup>th</sup> April 2022. Theme was 'Ourplanet, ourhealth'.

Objective of the session was to create awareness about the damage that humans have been doing to the Earth and its impact on our health.

## **Collaboration:**

- The event was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad in collaboration with CHC, Dasna.

## **Execution:**

- Event was executed at Community Health Centre, Dasna.
- The post graduate students in the department highlighted the importance of this day and the theme of this year.
- The interns posted in community medicine department performed a roleplay, explaining people about the health hazards of polluting air, water, soil through activities like throwing plastic, burning waste, overusing fuels etc.
- Interns and post graduates addressed the audience about various health hazards that can happen due to environmental pollution, and how it is a field of concern.
- Preventive measures for protecting the environment were also discussed about.
- More than 50 patients were present in the hospital and many staff members also attended the event.
- Feedback was collected at the end of the event.



Photographs of the Camp:



Signature of HOD



Date: 06.03.2023

Theme	: Awareness Session on World Obesity Day
Organized by	: Department of Community Medicine
No. of Students Participated	: 48
No. of Faculty Participated	: 4
In collaboration with	: CHC Muradnagar, Ghaziabad
Organised by	: Department of Community Medicine

### Preface:

Santosh Deemed to be University (Ghaziabad) organized an Awareness Session on World Obesity Day (04-03-2022) on 04-03-2022.

Objective of the awareness session was to impart knowledge and create awareness about the importance of adopting healthy lifestyle and preventing obesity.

### Collaboration:

- The event was organised by the Department of Community Medicine, Santosh Medical College, Ghaziabad in collaboration with CHC Muradnagar, Ghaziabad.
- The event was promoted through the official social network of the University as well as on some of the Social Groups of professionals in the individual capacity of the organizing members.

### Execution:

- Event was executed at Community Health Centre, Muradnagar, Ghaziabad. The participation was received in physical mode on the location.
- The Interns posted in the Department of Community Medicine, Santosh Medical College, Ghaziabad prepared monologues explaining the importance of healthy eating habits, regular physical exercise and adopting an overall healthy lifestyle to prevent obesity. They supported their health talk with hand- made charts and posters.
- Complications arising due to excessive weight gain like development of Hypertension, Diabetes Mellitus, Coronary artery disease, Congestive heart disease were explained in detail to the crowd.
- Basic preventive measures as mentioned earlier were emphasised on.
- More than 60 patients were present at the hospital that day and many of their staff members also attended the event.
- Feedback of the event was collected towards the end of the event.
- Total beneficiaries - 70

Photographs of the Camp:



Signature of HOD



Date: 19.02.2022

**Theme** : Awareness Session on World Deworming Day

In collaboration with : CHC Dasna, Ghaziabad

Organized by : Department of Community Medicine

No. of Students Participated :18

No. of Faculty Participated : 03

**Preface:**

Santosh Deemed to be University (Ghaziabad) organized an Awareness Session on National Deworming Day (10-02-2022) on 17-02-2022.

Objective of the awareness session was to impart knowledge and create awareness about the importance of deworming, mainly for children from 1 to 19 years of age.

**Collaboration:**

- The event was organized by the Department of Community Medicine, Santosh Medical College, in collaboration with CHC Dasna, Ghaziabad.
- The event was promoted through the official social network of the University as well as on some of the Social Groups of professionals in the individual capacity of the organizing members.

**Execution:**

- Event was executed at Community Health Centre, Dasna, Ghaziabad. The participation was received in physical mode on the location.
- The Interns posted in the Department of Community Medicine, Santosh Medical College, Ghaziabad prepared a Nukkad Natak explaining the signs and symptoms of worm infestation in children, how to recognize the need to see a physician based on symptoms like anemia, loss of appetite, irregular bowel habits.
- The audience was informed about the prophylactic dose of Albendazole given to students every 6 months by the Government of India in all public schools.
- More than 50 patients were present at the hospital that day and many of their

staffmembersalsoattended theevent.

- Feedback of the event was collected towards the end of the event.
- Total beneficiaries-60

**Photographs of the Camp:**



Signature of HOD



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Date: 06.02.2022

**Theme** : Cancer Awareness Lectures On "WORLD CANCER DAY"  
**In Collaboration with** : 'Beautiful Tomorrow' (NGO)/ Roteract group of INMINTEC Institution  
**Organized by** : Department Of Obstetrics And Gynecology  
**No. of Students Participated** : 20  
**No. of Faculty Participated** : 1

### **Preface**

Santosh Deemed to be University (Ghaziabad) in association with 'Beautiful Tomorrow'(NGO) organized a session on Cancer awareness and preventive strategies on the occasion of World Cancer day on 4<sup>th</sup> of February 2022. Dr Manisha Gupta, Professor, Department Of Obstetrics And Gynecology and Dr. Madhu Gupta-Chief Trustee 'Beautiful Tomorrow'(NGO) delivered lectures to Roteract group of INMINTEC Institution.

Objective of the program was to introduce the pathogenesis of cancer and to highlight the importance of Cancer Preventive strategies and survival.

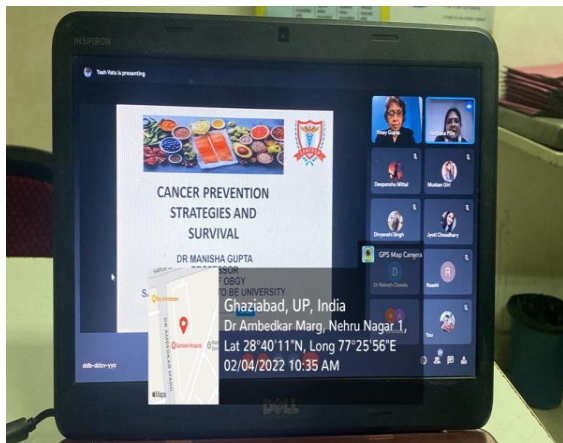
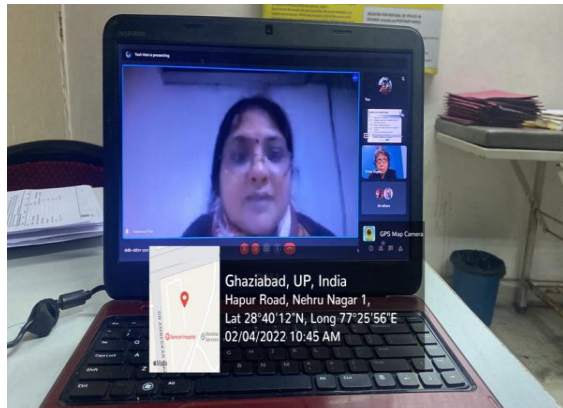
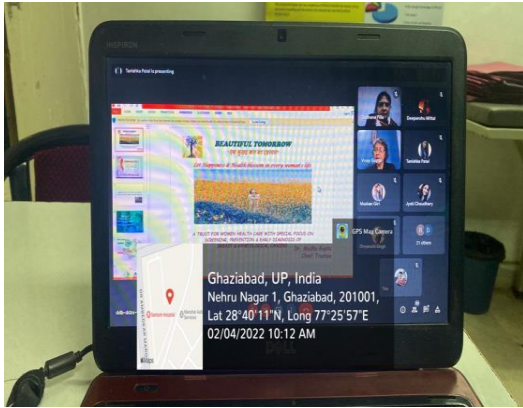
### **Execution**

Event was executed on the virtual platform in the Santosh Medical College Hospital, Santosh Deemed To Be University, Ghaziabad. Many participants of Inmintec institute and Post graduates of Dep. of OBGY attended the session. All sessions were highly interactive with all actively participating in the discussion and clearing their doubts.

### **Tangible Outcomes**

To make the society aware of the preventive aspect of a deadly disease like cancer.

Photographs of the camp:



Signature of HOD



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Medical Camp – “Urban Health Program”
Date of Camp	: 30 <sup>TH</sup> DECEMBER 2021
Venue/site of camp	: BEHRAMPUR, VIJAY NAGAR, GHAZIABAD
Collaborating Agency Vijay Nagar, Ghaziabad	: Mr. Pintu Singh, Parshad, Ward No.35 Behrampur,
Departments participated	: Department of Community Medicine
No. of students participated	: 39
No. of Faculty Participated	: 1
No. of patients attended	: 35
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to the patients as per need
Health education services through intern activity	YES



Photographs of the camp:



**Dr. Deepika Agrawal**  
Head of the Department,  
Department of Community Medicine  
Santosh Medical College & Hospital,  
Ghaziabad, UP.



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Active session on “Health program and Education”
Date of Camp	: 23rd December 2021
Venue/site of camp PRATAP VIHAR	: URBAN HEALTH & TRAINING CENTER,
Collaborating Agency PRATAP VIHAR	: URBAN HEALTH & TRAINING CENTER,
Departments participated	: OPHTHAL, ENT, and MEDICINE, DENTAL
No. of students participated	: 48
No. of Teachers participated	: 04
No. of patients attended	: 51
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity YES	
Adjunctive treatment: Distributing multivitamins etc.	YES
Expenses Incurred: INR 4500/-	

Photographs of the camp:



GAURAV SHARMA  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Health Education and Distribution of pamphlets
Date of Camp	: 22 <sup>ND</sup> DECEMBER 2021
Venue/site of camp	: VILLAGE DIDOLI, MURADNAGAR GHAZIABAD
Collaborating Agency	: Mr. LALIT TYAGI VILL DIDOLI, MURADNAGAR
Departments participated	: OPHTHAL
No. of students participated	: 36
No. of Faculty Participated	: 01
No. of patients attended	: 139
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity YES	
Adjunctive treatment YES	: Distributing multivitamins etc.
Expenses Incurred	: INR 4500/-

Photographs of the Camp:



A handwritten signature in blue ink, which appears to read 'Gaurav Sharma', is written over a light-colored, textured background.

**GAURAV SHARMA**  
**Head of Department**  
**Marketing**  
**Santosh Medical College & Hospital,**  
**Ghaziabad**



Theme	: Awareness Session on "World AIDS Day"
Date	: 30/11/21
Organized by	: Department of Community Medicine
No. of Students Participated	: 26
No. of Faculty Participated	: 4
Total beneficiaries	: 60
In collaboration with	: Pandit Deendayal Upadhyay Charitable Hospital

### Preface:

Santosh Deemed to be University (Ghaziabad) organized an Awareness Session on World Aids Day (01-12-2021) on 30-11-2021.

### Collaboration:

- The event was organized in collaboration with Pandit Deen dayal Upadhyay Charitable Hospital, Ghaziabad on the World AIDS Day 2021.
- The event was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad.

### Execution:

- Event was executed at Pandit Deendayal Upadhyay Charitable Hospital, Ghaziabad . The participation was received in physical mode on the location.
- The Interns posted in the Department of Community Medicine, Santosh Medical College, Ghaziabad prepared a Nukkad Natak explaining modes of transmission of HIV/AIDS.
- Risk factors like sharing contaminated needles in intravenous drug users, having unprotected sex and having other sexually transmitted infections were explained to the audience.
- The physical and mental hardships an HIV positive patient and his/her family go through was also explained in detail.
- The social stigma associated with this disease was also talked about.
- Diagnostic and treatment options currently available like ART were also told to the audience present at the centre.
- More than 50 patients were present at the hospital that day and many of their staff members also attended the event.
- Feedback of the event was collected towards the end of the event.
- Total beneficiaries -60

**Photograph of the Camp:**



**Dr. Deepika Agrawal**  
Head of the Department,  
Department of Community Medicine  
Santosh Medical College & Hospital,  
Ghaziabad, UP.



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Awareness Program on "Health and Nutrition"
Date of Camp	: 18 <sup>th</sup> SEPTEMBER 2021
Venue/site of camp	: VILL. SIKRODA
Collaborating Agency	: VILL. SIKRODA
Departments participated	: PEDIA, MEDICINE, SURGERY and OPTHAL
No. of students participated	: 28
No. of Teachers participated	: 04
No. of patients attended	: 94
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	YES
Adjunctive treatment: Distributing multivitamins etc.	YES
Expenses Incurred: INR 4500/-	



Photographs of the camp:-



A handwritten signature in blue ink, which appears to read "Gaurav Sharma".

**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



# SANTOSH

MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Awareness program on "Health and Education"
Date of Camp	: 14 <sup>th</sup> SEPTEMBER 2021
Venue/site of camp	: VILL. MORTA
Collaborating Agency	: VILL. MORTA
Departments participated	: PEDIA, MEDICINE, GYNAE and OPHTHAL
No. of students participated	: 33
No. of Teachers participated	: 04
No. of patients attended	: 72
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	
YES	
Adjunctive treatment: Distributing multivitamins etc.	
YES	
Expenses Incurred	: INR 4500/-

Photographs of the camp:



**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



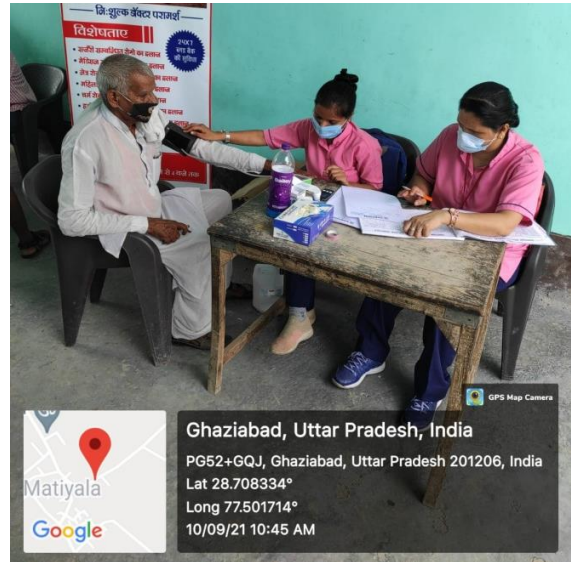
# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Awareness program on "Health & Education "
Date of Camp	:10 <sup>th</sup> SEPTEMBER 2021
Venue/site of camp	:B.R. Ambedkar Junior High School, Raheespur
Collaborating Agency	:B.R. Ambedkar Junior High School, Raheespur
Departments participated	:Pedia, Medicine,Ortho,Opthal
No. of students participated	: 35
No. Of Teachers participated	:04
No. of patients attended	:71
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	YES
Adjunctive treatment: Distributing multivitamins etc.	YES
Expenses Incurred:	INR 4500/-

Photographs of the camp:



**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



Date: 05.09.2021

**Theme : Awareness Session on "National Nutrition Week"**

**In collaboration with : DOTS Center, Vijay Nagar, Ghaziabad**

**Organized By : Department of Community Medicine**

**No. of students Participated : 41**

**No. of Faculty Participated : 02**

**Organized : Department of Community Medicine**

**Preface:**

Santosh Deemed to be University (Ghaziabad) organized an Awareness Session on National Nutrition Week (1-7 Sep 2021) on 03-09-2021.

Objective of the awareness session was to impart knowledge about importance of good nutrition to pediatric TB patients and their families.

**Collaboration:**

- The event was organized under National Nutrition Week (1-7 Sep 2021) at DOTS Center, Vijay Nagar, Ghaziabad.
- The event was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad.

**Execution:**

- Event was executed at DOTS Center, Vijay Nagar, Ghaziabad. The participation was received in physical mode on the location.
- The Interns posted in the Department of Community Medicine, Santosh Medical College, Ghaziabad gave information to the pediatric TB patients and their accompanying family members about the importance of having a healthy diet for successful treatment of TB.
- The benefits of having home cooked, nutritious food rich in protein along with fresh fruits and vegetables was explained in detail to the patients.
- The interns also distributed fresh fruits and healthy snacks to the patients.
- More than 15 patients and their family members were present at the DOTS Center that day.

Photographs of the Camp:



**Dr. Deepika Agrawal**  
Head of the Department,  
Department of Community Medicine  
Santosh Medical College & Hospital,  
Ghaziabad, UP.



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Program on "Free Health checkups"
Date of Camp	: 28 <sup>th</sup> AUGUST 2021
Venue/site of camp	: A. R REFLECTIONS, RAJNAGAR EXTENSION, GHAZIABAD
Collaborating Agency	: VYAPAK FOUNDATION, NANDGRAM, GHAZIABAD
Departments participated	: MEDICINE, ENT, OPHTHAL, and PHYSOTHERAPY
No. of students participated	: 38
No. of Teachers Participated	: 04
No. of Patients Attended	: 86
Services provided	: Consultation services
Sample collection services	: N/A
Treatment Services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	YES
Adjunctive treatment: Distributing multivitamins etc.	YES
Expenses Incurred:	INR 4000/-



## Photographs of Camp:



**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Awareness Session on "Health and Nutrition"
Date of Camp	: 27 <sup>th</sup> AUGUST 2021
Venue/site of camp	: DR. AMBEDKAR SHIKSHA SADAN SAMITI, KAILASH NAGAR, GHAZIABAD
Collaborating Agency	: DR. AMBEDKAR SHIKSHA SADAN SAMITI, KAILASH NAGAR, GHAZIABAD
Departments participated	: MEDICINE, PEDIA, GYNAE, SURGERY
No. of students participated	: 33
No. of Teachers participated	: 04
No. of patients attended	: 71
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	YES
Adjunctive treatment	: Distributing multivitamins etc.YES
Expenses Incurred	: INR 4500/-

Photographs of Camp:



**GAURAV SHARMA**  
 Head of Department  
 Marketing  
 Santosh Medical College & Hospital,  
 Ghaziabad



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme : Program on "Free Health checkups"

Date of Camp : 18<sup>th</sup>AUGUST 2021

Venue/site of camp :BAACHE RAM BHAWAN, CHIPYANA BUJURG,  
GAUTAMBUDH NAGAR

Collaborating Agency :BAACHE RAM BHAWAN, CHIPYANA BUJURG,  
GAUTAMBUDH NAGAR

Departments participated : Medicine, Pedia, Gynae, and Surgery

No. of students participated : 33

No. of Teachers participated : 04

No. of patients attended : 81

Services provided : Consultation services

Sample collection services : N/A

Treatment services : Treatment given to patient as per need

Health education services done by distributing pamphlets and through intern activity  
YES

Adjunctive treatment: Distributing multivitamins etc.  
YES

Expenses Incurred: INR 4500/-

Photographs of Camp:



GAURAV SHARMA  
 Head of Department  
 Marketing  
 Santosh Medical College & Hospital,  
 Ghaziabad



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme : Awareness program on Health & Education  
Date of Camp : 17<sup>th</sup> AUGUST 2021  
Venue/site of camp : FD JUNIOR HIGH SCHOOL, KELA BHATTA, GHAZIABAD  
Collaborating Agency : FD JUNIOR HIGH SCHOOL, KELA BHATTA  
Departments participated : MEDICINE, PEDIA, GYNAE, OPTHAL  
No. of students participated : 39  
No. of Teachers participated : 04  
No. of patients attended : 87  
Services provided : Consultation services  
Sample collection services : N/A  
Treatment services : Treatment given to patient as per need  
Health education services done by distributing pamphlets and through intern activity  
YES  
Adjunctive treatment: Distributing multivitamins etc. YES  
Expenses Incurred: INR 4500/-

### Photographs of the camp:



**GAURAV SHARMA**

Head of Department, Marketing , Santosh Medical College & Hospital, Ghaziabad



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

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Theme	: Active session on Health program and Education
Date of Camp	: 14 <sup>th</sup> AUGUST 2021
Venue/site of camp	: B.R. AMBEDKAR JUNIOR HIGH SCHOOL, VILL. - RAHEESPUR, GHAZIABAD
Collaborating Agency	: B.R. AMBEDKAR JUNIOR HIGH SCHOOL, VILL. - RAHEESPUR, GHAZIABAD
Departments participated	: PEDIA, MEDICINE, GYNAE,OPHTHAL
No. of students participated	: 10
No. of Teachers participated	: 04
No. of patients attended	: 165
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	YES
Adjunctive treatment: Distributing multivitamins etc.	YES
Expenses Incurred:	INR 4500/-
Photographs of the camp :-	

Photographs of the Camp:



**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital, Ghaziabad





# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

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Theme : Health Education and Distribution of pamphlets

Date of Camp : 13<sup>th</sup> August 2021

Venue/site of camp : Basant Public School, Ghukna, Ghaziabad

Collaborating Agency : Basant Public School, Ghukna, Ghaziabad

Departments participated : Pedia, Medicine, Gynae, Opthal

No. of Students Participated : 28

No. of Teachers Participated : 04

No. of Patients Attended : 122

Services provided : Consultation services

Sample collection services : N/A

Treatment services : Treatment given to patient as per need

Health education services done by distributing pamphlets and through intern activity  
YES

Adjunctive treatment: Distributing multivitamins etc. YES

Expenses Incurred: INR 4500/-

Photographs of the camp:



**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Health Education and Distribution of pamphlet
Date of Camp	: 17 <sup>th</sup> July 2021
Venue/site of camp	: Little Heaven Public School, Ghaziabad
Collaborating Agency	: Little Heaven Public School, Hindon Vihar, Ghazibad
Departments participated	: Medicine, Gynae, Ortho, Surgery
No. of students participated	: 50
No. of Teachers participated	: 04
No. of patients attended	: 54
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	YES
Adjunctive treatment: Distributing multivitamins etc.	YES
Expenses Incurred	: INR 5580/-

Photographs of the camp:



With warm regards

**GAURAV SHARMA,**  
Head of Department, Marketing



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16<sup>th</sup> JULY 2021

Theme : Awareness program on “Health education ”

Date of Camp : 16<sup>th</sup> JULY 2021

Venue/site of camp : Panchayat Ghar, Christian Nagar, Baghu

Departments participated : Medicine, Gynae, Ortho, Surgery

No. of students participated : 45

No. of Teachers participated : 04

No. of patients attended : 85

In collaboration with : Panchayat Ghar, Christian Nagar, Vijay Nagar

Services provided : Consultation services

Sample collection services : N/A

Treatment services : Treatment given to patient as per need

Health education services done by distributing pamphlets and through intern activity  
YES

Adjunctive treatment: Distributing multivitamins etc. YES

Expenses Incurred : INR 5000/-

Photographs of the camp:



**GAURAV SHARMA**  
Head of Department  
Marketing  
Santosh Medical College & Hospital,  
Ghaziabad



Date:15.07.2021

Theme	: Awareness Session on World Population Day
Total beneficiaries	: 60
No. of Students Participated	: 48
No. of Faculty Participated	: 05
In collaboration with	: Community Health Center, Muradnagar
Organized by	: Department of Community Medicine

### **Preface:**

Santosh Deemed to be University (Ghaziabad) organized an Awareness Session on World Population Day (11-07-2021) on 13-07-2021.

Objective of the awareness session was to impart knowledge and create awareness about increasing population and family planning methods.

### **Collaboration:**

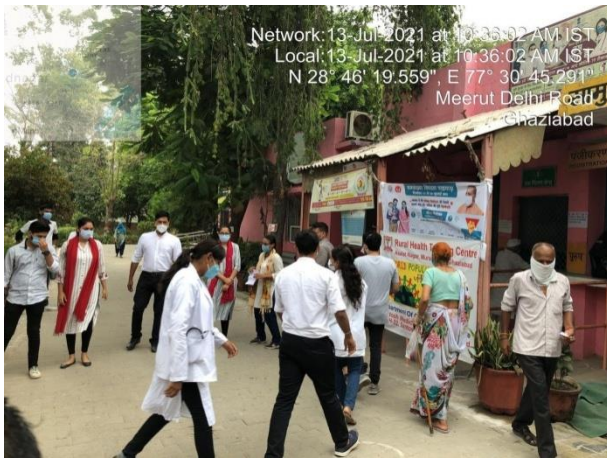
- The event was organized in collaboration with Community Health Center, Murad nagar on the WorldPopulationDay2021.
- The event was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad.
- The event was promoted through the official social network of the University as well as on some of the Social Groups of professionals in the individual capacity of the organizing members.

### **Execution:**

- Event was executed at Community Health Center, Murad nagar. The participation was received in physical mode on the location.
- The Interns posted in the Department of Community Medicine, Santosh Medical College, Ghaziabad prepared a NukkadNatak on distress caused to a family having a large number of children on a daily basis due to scarcity of resources.
- The financial struggles of having a large family were portrayed with relation to general population.
- The physical and mental hardship a woman goes through due to multiple and repeated pregnancies were described in detail.
- Various family planning methods and the incentives given by the government for adopting permanent sterilization methods were also described.
- More than 50 patients were present at the CHC that day and many of their staff members also attended the event.
- Feedback of the event was collected towards the end of the event and the

most appreciated part of the event was the interactive session after the nukkadnatak where the patients frankly discussed their doubts regarding these issues.

### Photographs of the Camp



**Dr. Deepika Agrawal**  
Head of the Department,  
Department of Community Medicine  
Santosh Medical College & Hospital,  
Ghaziabad, UP.





# SANTOSH

## MEDICAL COLLEGE HOSPITAL

A Unit of SANTOSH Deemed to be University

Theme	: Health Education and Distribution of pamphlet
Date of Camp	: 11 <sup>th</sup> JULY 2021
Venue/site of camp	: Krishna Public School, Ramnagar, Arthala
Collaborating agency	: Krishna Public School, Ramnagar, Arthala
Departments participated	: Pedia, Ortho, Opthal
No. of Students participated	: 35
No. of Teachers participated	: 03
No. of patients attended	: 98
Services provided	: Consultation services
Sample collection services	: N/A
Treatment services	: Treatment given to patient as per need
Health education services done by distributing pamphlets and through intern activity	YES
Adjunctive treatment: Distributing multivitamins etc.	YES
Expenses Incurred	: INR 4500/-

Photographs of the camp:



**GAURAV SHARMA**

Head of Department

Marketing

Santosh Medical College & Hospital,

Ghaziabad



# **SANTOSH**

**Deemed to be University**